

JEFFRY JEANETTA-WARK, MA, LICSW

I am a competent, caring, and compassionate therapist; a mentor for the mind, body, and heart; a soul coach to walk with you in living courageously, deeply, effectively, and authentically.

I encourage you to be your authentic self and become the transformation the world needs.



CONTACT

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OFFICE

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Center
for
Integrated
Well-Being

PSYCHOTHERAPY PRACTICE

Through best theories and strategies in mental healthcare, Jeffry Jeanetta-Wark has developed skillsets founded on approaches supporting mind, body, spirit, and emotions. With these approaches, he artfully crafts holistic therapeutic interventions to assist clients in meeting their goals while honoring their strengths, fostering insights, and educating with perspectives and skills that can last a lifetime.

MEN'S SUPPORT

Jeffry facilitates men's groups, runs retreats, and provides one-on-one counseling for men looking to holistically thrive across all areas of their lives:

- Anger Management
- Stress Reduction
- Sexual Issues
- Narcissistic or Manipulative Behavior

CLASSES & WORKSHOPS

Jeffry provides group sessions for psychotherapists, businesses, schools, community and faith-based organizations. Topics include:

- Stress Management
- Self-Hypnosis
- Eastern Wisdom/Western Technology
- Integrative Psychotherapy

